



SENIOR CENTER NEWS



VOLUME 7 – AUGUST 2024



Our Daily Schedule

9:00am-10:00am
Coffee & Morning Snack

10:00am-11:00pm
Morning Exercise

10:00am-11:15am
Cards & Games

11:30am-12:30pm
Lunch

12:30pm-2:00pm
Bingo

12:30pm-4:00pm
Games & Cards

12:30pm
Afternoon Snack

4:00pm
Close



Stars & Stripes Forever

Last month, we celebrated the birth of our nation with a perfectly patriotic 4th of July Celebration! In addition to inspirational music and trivia, we honored our Veterans. Thank you to Diane Cherry from Right At Home for donating hats to our Veterans and setting up an epic photo booth!

We have a few special shout outs this month! Cape May County Surrogate Marie Hayes and Commissioner Bobby Barr hosted a Lunch & Learn about Wills and Trusts. Lisa's Sweet Treats donated delicious baked goods. Hillary Spear helped us feel inspired by leading an Arts & Crafts Workshop. Mary Alice Campanaro led our Beginner Crochet Workshop. This month's Big Bingo Fridays were sponsored by Fysical Therapy, Bratton Law, Ridgeway Senior Living, and Brandall Estates. Thank you all!

Community Event 114th Annual Baby Parade

Thursday, August 8th

10:30am-12:00pm

Boardwalk (6th to 12th Street)

Join us for one of the oldest baby
parades in the country!



Country Hoedown

Thursday, August 15th

11:30am-1:00pm

Join us for a boot scootin' country
hoedown! We'll chow down on a
Southern-inspired lunch, then square
dance the day away with our friends
Linda and Ollie!



Sweatin' to the Oldies

Monday, August 19th

1:15pm-2:00pm

Get on your feet and "burn, baby
burn" some calories with our friend
Lisa! She'll be leading this
energizing exercise class, our own
Richard Simmons!



Connect with us!

To sign up for any of our lunches or activities, or to get more
information, reach out to our team!



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